

## What is Coaching Supervision?

Coaching supervision is a reflective practice for learning and development. In partnership with a supervisor, coaches examine their coaching work within evolving systems, focusing on patterns, thinking, models, and relationship dynamics. Supervision benefits the coach, their clients, and their organizations and serves as the cornerstone for the integrity and quality of coaching through:

- ① Development of the coach through skill building and increased awareness and understanding of how they react to the dynamics of client interventions
- ① Support for the emotional well-being of the coach as they interact with their clients and client systems affected by the stressors of a VUCA environment
- ① Attention to sustaining the highest caliber of services offered by the coach, including adherence to ethical practices (ICF Code of Ethics; EMCC Code of Ethics)

## What is the value of Coaching Supervision?



**Provide** a safe, relational space for coaches to reflect on their work for deepening insight and learning as well as to develop the 5C's

**Increase** self-awareness and ability to notice blind-spots, self-limiting mindsets, and biases

**Deepen** insight into client passions and struggles. Foster the capacity to track, and be with, what is most important in every moment

**Enhance** mindfulness, Coaching Presence, and skills (ICF Core Competencies) through consistent practice

**Foster** the ability to focus attention and more closely connect, emotionally and intellectually, with the leaders and the systems in which they work

**Expand** the capacity for experimentation with alternative coaching approaches by leveraging intuition and imagination to develop collaborative solutions with clients

**Develop** coaches' trust in themselves and their capacity to be both courageous and vulnerable. Enhance ability to handle uncertainties and work through challenging client situations



We provide individual and group coaching supervision for internal and external coaches through our certified team of coach supervisors. Our corporate supervision offerings are designed for internal coaches and HR and L&OD practitioners, who support leaders, teams, and organizations to be excellent with people and exceptional in driving business results.

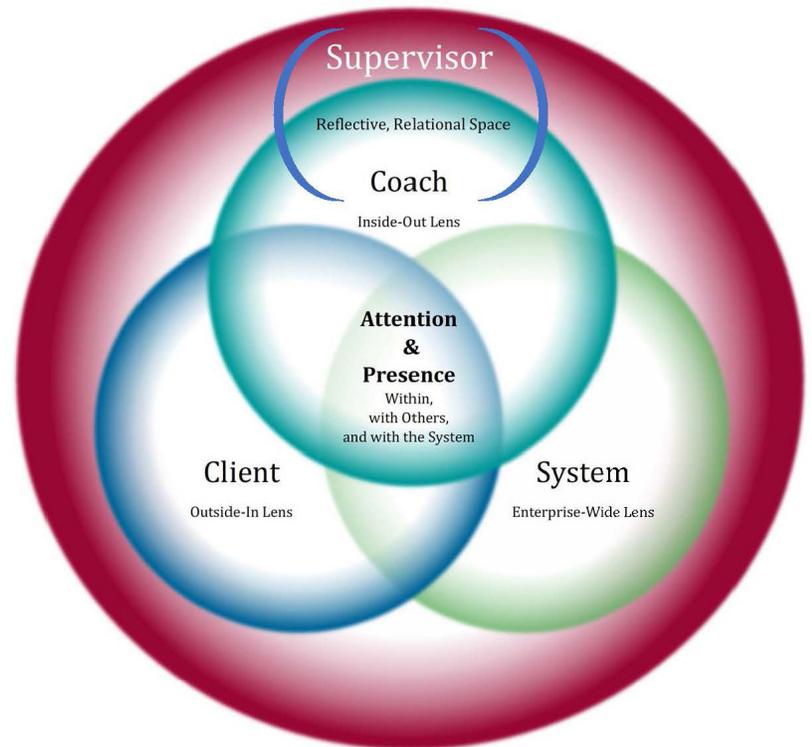
## Tri-Lens Supervision Model

shifts the focus of the supervision dialogue with the coach between three lenses to bring attention and presence:

**Within**  
Self as Coach

**With Others**  
Coach with Client and Supervisor

**With the System**  
Culture/Enterprise



**Our team** of coach supervisors are certified through internationally accredited coaching supervision training programs tailored for highly experienced leadership coaches. These practitioners are experienced working in complex corporate environments and are attuned to the relational and systemic challenges coaches face in their work with corporate executives and teams.

**We are committed** to the ongoing support and development of our coach partners and to ongoing quality control for our corporate clients who entrust us with the development of their executives. To that end, our firm provides coaching supervision for all Mindful Leadership coaches.

### ICF Learning and Development

Supervision is accepted by ICF as an option to include in your CPD hours for credential renewal. This is detailed on the ICF website under your specific credential renewal requirements.

[www.mindful-leaders.com](http://www.mindful-leaders.com)



[info@mindful-leaders.com](mailto:info@mindful-leaders.com)