

Executives in our complex and fast-moving global environments need leadership and learning agility to anticipate future organizational and business needs. The best executives lead from an understanding of who they are, tapping their inner strength and wisdom while allowing for a measure of vulnerability to connect genuinely with others.

Mindful Leadership Executive Coaching Programs are customized to meet each leader's current and future development needs. We partner with leaders to shift their mindsets and behaviors through increased self-awareness and connection to others and the enterprise in areas such as:

Strategic & Systemic Thinking | Enterprise Influence | Communication Skills

Emotional & Social Intelligence | Building High-Performing Teams | Mindful Reflection

Cross-Cultural Competence | Work/Life Integration | Executive Presence

Who will benefit from this program?

Hi-Potential leaders being groomed for broader responsibilities

Leaders onboarding into new organizations

Senior executives seeking to enhance their leadership skills in preparation for enterprise-level roles

Leaders assimilating and advancing into regional or global roles

Team leaders developing a high-performing team

C-Suite Executives and Board Members driving strategic organizational change



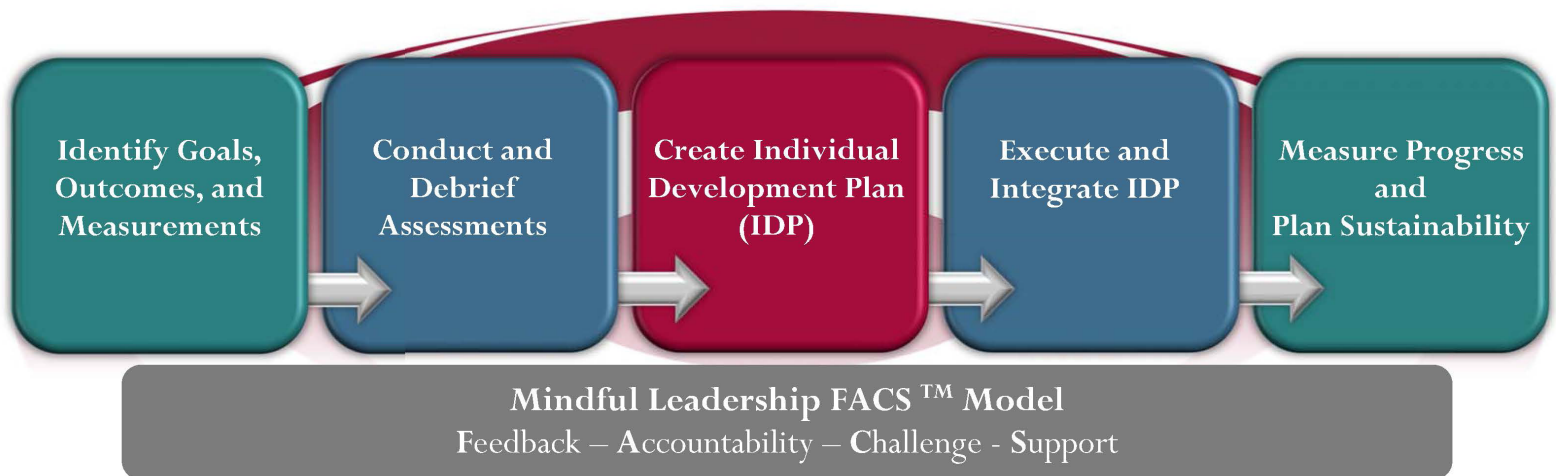
Our mission is to develop mindful leaders to be attentive and present within themselves, with others, and with the systems in which they work.

Our Process & Approach

We partner with leaders in collaborative and evocative ways to build the conditions for their next-level leadership roles. **Our overarching goal** is to raise awareness and increase effectiveness through behavior change at the Leader, Team, and Enterprise levels.

Beginning with a clear coaching agreement, we look to understand the specific circumstances behind the coaching and then capture the perceptions of key stakeholders through a 360° feedback process.

A development plan is then created to focus the coaching by integrating behavior change within the practical realities of the organization's cultural and business context. Our **Mindful Leadership Executive Coaching Framework™** is the foundation for all our coaching programs.



Attention and Presence Within, with Others, and with the System



Our global team of coaches and supervisors have completed highly acclaimed training and certification programs. They are deeply experienced in leading and working in fast-paced and complex business environments as well as expert and versatile in coaching at the individual, team, and systemic levels. They are continuously learning and sharpening their skills by attending ongoing coaching supervision.