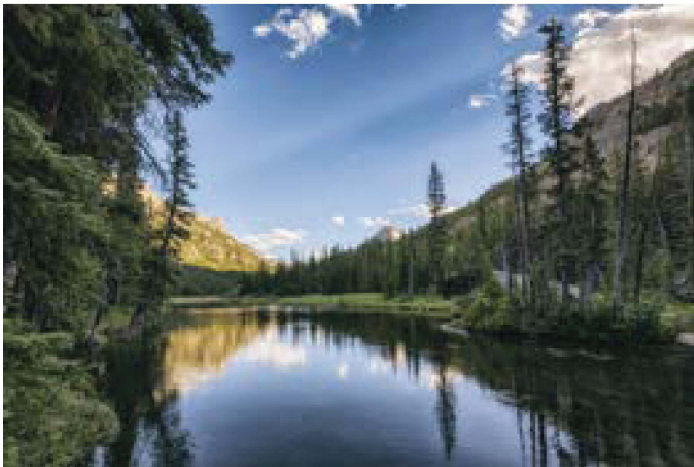


## What is Coaching Supervision?

Coaching supervision is a reflective practice for learning and development. In partnership with a supervisor, coaches examine their coaching work within evolving systems, focusing on patterns, thinking, models and relationship dynamics. This benefits the coach, their clients, and their organizations and serves as the cornerstone for the integrity and quality of coaching through:

- ① Development of the coach through skill building and increased awareness and understanding of how they react to the dynamics of client interventions
- ① Support for the emotional well-being of the coach as they interact with their clients and client systems affected by the stressors of a VUCA environment
- ① Attention to sustaining the highest caliber of services offered by the coach, including adherence to ethical practices (ICF Code of Ethics; EMCC Code of Ethics)

## What is the value of Coaching Supervision?



**Provide** a safe, relational space for coaches to reflect and gain insight on their work and to develop the 5Cs

**Enhance** Coaching Presence and skills (ICF Core Competencies) through consistent practice

**Increase** self-awareness, and identify blind-spots, self-limiting mindsets, and biases

**Foster** the ability to more closely connect, emotionally and intellectually, with clients and the systems in which they work

**Deepen** insight into client passions and struggles of others. Fostering the capacity to track, and be with, what is most important in every moment

**Expand** the capacity to experiment with alternative approaches for coaching and leverage imagination to develop collaborative solutions

**Develop** the coaches' trust in themselves and their capacity to be both courageous and vulnerable. Enhances their ability to handle uncertainties and work through challenging client situations



We provide individual and group coaching supervision for internal and external coaches through our certified team of coach supervisors. Our corporate supervision offerings are designed for internal coaches, HR and L&OD practitioners, and anyone whose role includes supporting leaders, teams, and organizations to be excellent with people and in driving business results.

## Tri-Lens Coaching Supervision Model™

shifts the focus of the supervision dialogue between three key lenses for attention and presence:

### Within

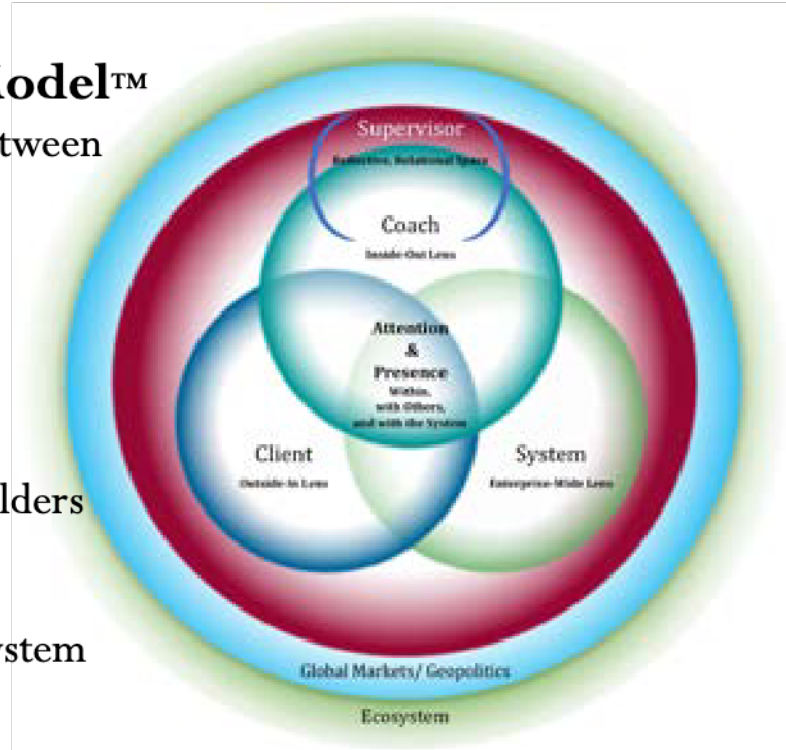
Self as Coach | Self as Supervisor

### With Others

Coach/Supervisor | Coach/Client/Stakeholders

### With the System(s)

Culture/Enterprise | Global Market/ Ecosystem



**Our team** of coach supervisors are certified through internationally accredited coaching supervision training programs specifically tailored for highly experienced leadership coaches. These practitioners are experienced working in complex corporate environments and are attuned to the relational and systemic challenges coaches face in their work with corporate executives and teams.

**We are** committed to the ongoing support and development of our coach partners and to ongoing quality control for our corporate clients who entrust us with the development of their executives. To that end, our firm group provides coaching supervision for all Mindful Leadership coaches.

### ICF Learning and Development

Supervision is accepted by ICF as an option to include in your CPD hours for credential renewal.

This is detailed on the ICF website under your specific credential renewal requirements.

[www.mindful-leaders.com](http://www.mindful-leaders.com)



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